

MISSION: Al-Iman School shall, provide an Islamic environment that offers quality education and leadership skills to develop global awareness and 21<sup>st</sup> Century skills.



# Character Trait: Responsibility

Al-Iman School's Parent Page 5th Edition 2016-2017 March 17, 2017

Abdullah ibn Mas'ud reported: The Messenger of Allah, peace and blessings be upon him, said, "You must be truthful. Verily, truthfulness leads to righteousness and righteousness leads to Paradise. A man continues to be truthful and encourages honesty until he is recorded with Allah as truthful. And beware of falsehood. Verily, falsehood leads to wickedness and wickedness leads to the Hellfire. A man continues tell lies and encourages falsehood until he is recorded with Allah as a liar.

Source: Sahih al-Bukhari 5743, Sahih Muslim 2607 Grade: Muttafaqun Alayhi (authenticity agreed upon) according to Al-Bukhari and Muslim

عَنْ عَبْدِ اللَّهِ قَالَ قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ عَلَيْكُمْ بِالصِّدْقِ فَإِنَّ الصِّدْقَ يَهْدِي إِلَى الْبِرِّ وَإِنَّ الْبِرَّ يَهْدِي إِلَى الْجَنَّةِ وَمَا يَزَالُ الرَّجُلُ يَصْدُقُ وَيَتَحَرَّى الصِّدْقَ حَتَّى يُكْتَبَ عِنْدَ اللَّهِ صَدِيقًا وَإِيَّاكُمْ وَالْكَذِبَ فَإِنَّ الْكَذِبَ يَهْدِي إِلَى الْفُجُورِ وَإِنَّ الْفُجُورَ يَهْدِي إِلَى النَّارِ وَمَا يَزَالُ الرَّجُلُ يَكْذِبُ وَيَتَحَرَّى الْكَذِبَ حَتَّى يُكْتَبَ عِنْدَ اللَّهِ كَذَّابًا

## 4th Quarter Events

Assalaam-o-Alaikum Dear Al-Iman Families,

Alhumduillah we completed our third quarter on March 10, in sha Allah report cards will be sent home on Friday, March 17.

We are proud of our students for participating in the Mathematics Fair Competition. The winners are Aliyaa Pathan 8th, Noor Hassan 8th, Noor Asfour 8th, Suhailah Boukarfi 8th, Ayesha Badar 8th, Dania Yasin 8th, Malaak Mohammad 8th, Leen Shehadeh 8th, Yusra Arafah 6th, Sajah Hamadneh 6th, Razzi Sayyed, Abdurahman Bouanani, Danya Sulaiman, and Ameer Haidary.



From the Desk of Sr. Jabeen

**Congratulations to all our students who won the Qur'an Contest and 99 Names of Allah Contest.** Some of our students not only won the memorization part of the contest, they also won the meaning part as well! Our Middle School Boys won the Basketball Tournament in Durham! These accomplishments make us proud of our children and their efforts.

Our middle school students visited Durham Rescue Mission and served lunch. Middle School Student Council gave out over 300 "Care Packages" at Moorhead Square, and all students collected over 1000 food items for the Interfaith Food Drive as part of our service learning project, and to honor our alumni Deah, Yusor and Razan. We are also proud of all the students who presented their poem and art work!

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Sr. Jabeen's message cont.

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Report to Parents

## CALENDAR OF EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10 Third Quarter Ends!
13 Teacher Workday!	14	15	16	17 Report Cards go home!
20	21	22	23	24
27 Healthy Living Week	28 Honor Roll Recognition	29	30 Spring Book Fair begins!	31



We strongly urge parents to avoid leaving their child at the masjid on Fridays without any adult supervision. This is not safe for the children to be by themselves at the masjid facility until 9:00 p.m. without any monitoring. Please do your best to spend time with your children to build a strong relationship with your child/children.

We pray that may Allah swt protect our children and families and may He shower His blessings on all, aameen.

Have a great weekend!

*M.Jabeen*



## ***SCHOOL INTERVENTIONIST'S CORNER***

During a time of much negativity within society, it's easy to get lost in the mist of chaos. We must remember as Muslims and more importantly as human beings, to rein positivity. Being a positive person involves easy task like smiling, laughing, complementing others, appreciating people within our lives, and showing humility to all. After all, the Quran mentions kind and gentle behavior in these words: *"O Messenger of Allah! It is a great Mercy of God that you are gentle and kind towards them; for, had you been harsh and hard-hearted, they would all have broken away from you". (Quran 3:159).*



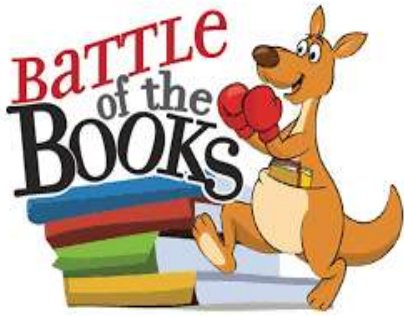
Please send these items!



Because of the cold weather we have a lot of runny noses at school. Please help us remedy this issue by sending in one box of Kleenex and Clorox Wipes with your child. This will help the students, and it will help prevent the germs from spreading. Your support is greatly appreciated!



# Battle of the Books



AWESOME!!!

Great job to all the teams in the Battle of Books today!!

" "Word Nerds " took 1st place,

" "Chapter Cheetahs " took 2nd place,  
and "

" Ninja Readers " took 3rd place after breaking a tie with

" Book Busters " "

Sr. Melissa is extremely proud of each student!

There will be a field trip for all the participants next  
**Friday, March 24th at Adventure Landing.**

As-Salamu Alaikum Dear Parents/Guardians:

Al-Iman Middle School will be sponsoring a trip to the *Smithsonian Museum, Washington D. C. Friday, April 28, 2017*. The purpose of this field trip is to develop knowledge, skills and character through group activity. Education is the process of learning and knowing, which is not restricted to the physical classroom or textbook. Different types of activity like seminars, workshops, and educational field trips are essential to conduct a quality educational experience.

We will leave by coach bus at 6am and return to Al-Iman School by 10:30pm. Students must purchase a field trip ticket for \$50, which will include transportation and dinner. If you have any questions about this event, please feel free to call me at (803 201-7534) or contact me via school email ([musa.muhammad@alimancrsent.org](mailto:musa.muhammad@alimancrsent.org)).

Musa Ramsey





# REPORT<sub>to</sub> PARENTS

RP 32:7

## When It's More Than 'Just a Phase'

Sometimes, **it's** just a nagging feeling—the sense that maybe **what a child is experiencing isn't just a normal phase but is** something that needs looking into. Whether **it's** moodiness or baby fat, **it's** helpful to know when to check with the experts.

Putting on Pounds. All children go through times when their **weight varies. It's common, for example, for kids to gain a pound or two right before they have a growth spurt, after which they return to their normal shape. But it's important for families to**

**be aware when a child's weight gain is more than normal.**

Not only is obesity linked to a host of serious, lifetime diseases, like diabetes, hypertension, and heart disease, but it can also cause a child to have self-esteem issues.

The best way to determine if a child is carrying too much weight is to look at the Body Mass Index (BMI) formula for children. The chart, available in **doctors' and school nurses' offices, is** also available online at <http://apps.nccd.cdc.gov/dnpabmi/calculator.aspx>. If the results show that your child has a weight problem, you may want to confirm it with the doctor or nurse, who can use methods like a skin fold test to give a more accurate result. Some children with a high BMI are not overweight, but most do end up needing to shed a few pounds. Following through on this might be difficult at first, but the payoff will last a lifetime.

Acting Out. Is your child simply acting out, or can it be something more serious, such as attention-deficit disorder (ADD) or attention-deficit hyperactivity disorder (ADHD)? While **there are many tests that children undergo before they're** actually diagnosed with one of these conditions, **it's** safe to say that these children have an unusually hard time concentrating. Their energy levels are so high that they are restless and have real difficulty

keeping still. They also find it unbearably hard to wait their turn. While all children are fidgety at times, children with ADD or ADHD display excess energy and inability to concentrate all the time.

A child who is dealing with problems like these is suffering and **needs your help. If you notice these problems, or if your child's teacher has indicated that your child is having behavior issues in class, begin by seeing the school counselor.** The counselor will be able to discuss with you the process of getting your child tested, which will involve working with your family doctor and a child psychologist, as well as the school.



Feeling Down. Adults are not the only people who can suffer from depression; children have been diagnosed with it, too. The first thing to consider is how long the feeling of sadness has lasted. Everyone is sad from time to time, but depression can last for weeks, months, or even longer. Also, when children are sad, they can usually tell you why; however, children who are depressed typically **can't express why they're feeling so** low.

Some of the symptoms of depression in children include problems with sleeping, nightmares, and unusual anger. Schoolwork often suffers, as children

**who are depressed don't feel motivated**

to try or participate. Depressed children also pull away from their friends and family members and become increasingly alone.

It is absolutely vital that, if you sense your child is suffering from depression, you have him or her seen and evaluated. You can begin with the school nurse or social worker, but you will probably be referred to a child psychologist. Depression is treatable and often curable. The important thing is to get help.